

16th ADS John R Turtle Diabetes Clinical Skills Training Course for Advanced Trainees in Adult Endocrinology

Adelaide Convention Centre, Halls E2 & E3
 Friday 24th August 2018
 1:00pm – 5:30pm

PROGRAM

TIME	ACTIVITY	
1300-1325	REGISTRATION (Foyer area outside Hall E2) LUNCH (Outside Hall E2)	
1325-1330	WELCOME	
<i>Trainees split into two workshop groups</i>		
1330-1430	WORKSHOP A (Hall E2)	WORKSHOP B (Hall E3)
	PROBLEM SOLVING WITH BGLS	ADVANCED PUMPING WORKSHOP
	This workshop focuses on reading insulin pump downloads and problem solving around blood glucose levels (BGLs). It builds on the pump workshop in the ADS Practical Skills Course and is recommended for first year trainees.	This workshop focuses on advanced problem solving with insulin pump data, and is recommended for second and third year trainees. It addresses biological, lifestyle and behavioural issues that influence glycaemic profiles.
<i>Trainees split into two workshop groups</i>		
1430-1530	WORKSHOP C (Hall E2)	WORKSHOP D (Hall E3)
	CARBOHYDRATE COUNTING	EXERCISE AND DIABETES
	This workshop provides an introduction to carbohydrate counting, focusing on whole foods, label reading and recipe analysis. It also addresses other factors, such as glycaemic index, fat and protein, which can impact on post-prandial BGLs. It is suitable for first year trainees but other trainees who have not previously attended the workshop are welcome to attend.	This workshop explores issues around managing BGLs in the context of exercise in type 1 diabetes. It includes scenarios about BGL management in elite athletes. This workshop is primarily designed for second and third year trainees.
1530-1600	AFTERNOON TEA	
<i>Trainees split into THREE workshop groups</i>		
1600-1700		
	WORKSHOP E (Hall E2)	DIABETES IN PREGNANCY
	This workshop is a case-based educational activity designed to provide the practical skills required for the management of pre-gestational (type 1 and type 2) diabetes in pregnancy. The workshop has been written in collaboration with the Australasian Diabetes in Pregnancy Society. It is aimed at first year trainees and others who have not previously attended the workshop.	
	WORKSHOP F (Hall E3)	FUNDAL PHOTOGRAPHS
	This workshop covers interpretation of fundal photographs and other ophthalmological tests, such as OCT, in the context of diabetes management. Suitable for all levels. Will be facilitated by an ophthalmologist.	
	WORKSHOP G (Hall E3)	MANAGEMENT OF DYSLIPIDAEMIA
	Challenging lipid cases – presents scenarios that explore management of dyslipidaemia in people with both type 1 and type 2 diabetes	
1700-1730	EVALUATION AND CERTIFICATES	