

Give her a good start to motherhood

When your patient leaves hospital with her new baby, she has an enormous task ahead of her. Keeping herself healthy may seem a low priority.

Yet as you know, women who have been diagnosed with gestational diabetes during pregnancy are significantly at risk of later developing type 2 diabetes. Maintaining a healthy, active lifestyle and regular screening for diabetes are vital to their future health.

Help is at hand with the National Gestational Diabetes Register, an exciting new development in the post-natal care of women diagnosed with gestational diabetes.

From 1 July 2011, you can easily register your patients with gestational diabetes and ensure they receive the very best chance of good health now and into the future.

Phone 1300 136 588
Visit www.ndss.com.au to learn more
or to download a registration form.



National Gestational Diabetes Register

The National Diabetes Services Scheme (NDSS) is an initiative of the Australian Government administered by Diabetes Australia

Key facts

- Gestational diabetes is on the rise, with 5% of all pregnant women developing the condition.
- 1 in 2 women who have had gestational diabetes go on to develop type 2 diabetes later in life.
- Type 2 diabetes can have serious and life-changing impacts.
- Early detection through regular screening and a healthy lifestyle can reduce the risk.
- The children of mothers who have had gestational diabetes are more at risk of developing type 2 diabetes.

How registration will help your patients

Your patients who are registered will:

- receive regular reminders for follow up diabetes screening.
- receive valuable information on how to maintain a healthy lifestyle and minimise the risk of type 2 diabetes.
- still be able to access subsidised NDSS products for 12 months.

About the register

The National Gestational Diabetes Register has been established as part of the National Diabetes Services Scheme (NDSS), an Australian Government database administered by Diabetes Australia.

It is a new component of the NDSS diabetes register on which some 17,000 women with gestational diabetes have already been registered. From July 1 all women diagnosed with gestational diabetes will go onto the National Gestational Diabetes Register.

- Health professionals including obstetricians, endocrinologists, GPs and Credentialed Diabetes Educators can register their patients with gestational diabetes.
- Women are requested to provide their GP's details for the register so that they too receive regular screening reminders for their patient.
- Women will receive important health information including the *Life after gestational diabetes* booklet.
- There is a new form for registering women on the National Gestational Diabetes Register available on the NDSS website.
- The information on the register will not include clinical notes and will only be shared with others with your patient's consent.

When to register

The National Gestational Diabetes Register is taking registrations from 1 July 2011.

Women with gestational diabetes should be registered on the National Gestational Diabetes Register on diagnosis. However, they can also be registered before they leave hospital after the birth or at their post natal checkup.

Women can choose to opt out of receiving follow up diabetes screening reminders at any time.

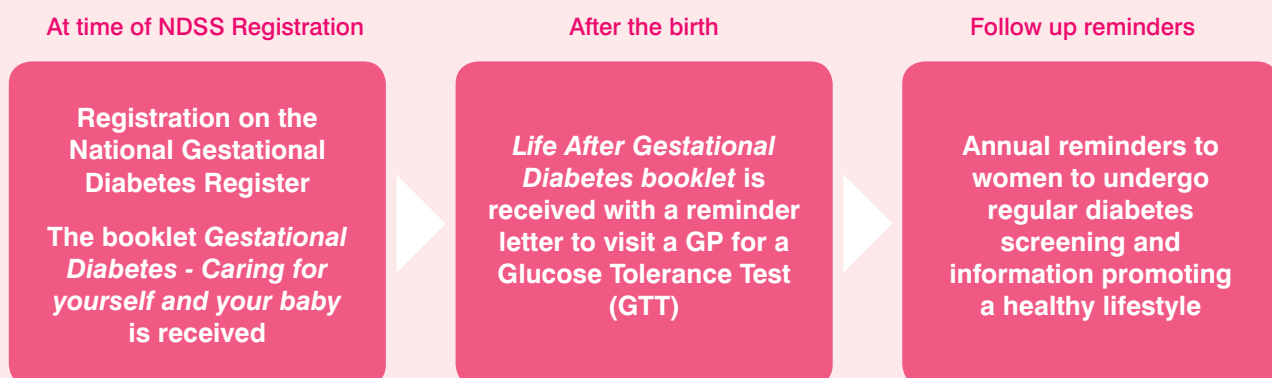
Want to learn more?

Help your patients with gestational diabetes to minimise the risk of type 2 diabetes by taking one simple step today:

Visit www.ndss.com.au to learn more or to download a registration form.

Reducing the risk

How is the NDSS helping women with gestational diabetes reduce their risk of developing type 2 diabetes?



National Gestational Diabetes Register

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What is the National Diabetes Services Scheme (NDSS)?

The NDSS delivers subsidised products, information and support services across Australia to all people with diabetes, **including women diagnosed with gestational diabetes**. Subsidised products include blood and urine testing strips, insulin syringes and pen needles (supplied free of charge to Registrants requiring insulin) and Insulin Pump Consumables for eligible Registrants. The NDSS is administered by Diabetes Australia, and there are NDSS Agents in all capital cities. NDSS Agents are your state and territory diabetes organisations (see the other side of this form for contact details).

What is the National Gestational Diabetes Register (NGDR)?

The NGDR is part of the NDSS and is a register of all women in Australia who have been diagnosed with gestational diabetes. Women who have had gestational diabetes may have a higher risk of developing type 2 diabetes in the future. The purposes of the NGDR are to:

- provide long term follow up of women who have had gestational diabetes and remind them to have regular diabetes screening with their doctor. Regular screening will help to detect whether you have developed diabetes. The earlier diabetes is diagnosed and managed, the better your health will be. As well as reminding women on the NGDR, reminders will also be sent to their nominated doctor;
- provide lifestyle, diet and health-related information to women so they know how to minimise their risk of developing diabetes;
- enable women to be contacted about participation in research opportunities, should they wish; and
- enable information to be made available for research, statistical and analytical purposes - for example, by the Commonwealth Government's Australian Institute of Health and Welfare. Information may also be used and disclosed for management of the NGDR. These activities are important to help with the planning, development and funding of high quality health services, for women with gestational diabetes.

Your registration with the NGDR is very important. However, if in the future you do not want to receive further communications from the NGDR, you can 'opt out' by contacting the NDSS (see the other side of this form for contact details).

Registration with the NGDR is free. Women who have been diagnosed with gestational diabetes, reside in Australia and hold or are eligible to hold an Australian Medicare Card are entitled to register. To qualify for NDSS benefits you must first complete this Registration Form and have it signed by a doctor or Credentialed Diabetes Educator (CDE).

Registration with, and participation in, the NDSS and NGDR requires the collection, use and disclosure of information about you. **The information you provide is protected by Commonwealth laws, including the Privacy Act 1988. Information collected in this registration form will not be used or disclosed other than as outlined in this form for the purposes of the NDSS and NGDR, or as required or authorised by law.** You may access and, if necessary, update or correct the information we hold about you by contacting the NDSS (see the other side of this form for contact details).

Section 1 - Previous Diagnosis of Gestational Diabetes Mellitus & Registration with the NDSS

Have you had a previous gestational diabetes diagnosis If 'Yes', in which years have you had gestational diabetes?	<input type="checkbox"/> Yes <input type="checkbox"/> No YYYY / YYYY / YYYY	Previous NDSS Card Number if known _____
How was it treated	<input type="checkbox"/> Diet <input type="checkbox"/> Insulin	

Section 2 - Details of Person with Diabetes and Consent

In this section you provide information so that we can register you with the NGDR.

Title	Given Name(s)	Family Name	
Date of Birth DD / MM / YYYY	Previous Name	Daytime Phone No.	Mobile Phone No.
Address House No.	Street Name	Suburb or Town	State Postcode
Postal Address (If different from above)			Email
Medicare No. <input type="checkbox"/>	Expiry Date DD / MM / YYYY	DVA File No. <input type="checkbox"/>	
Country of Birth	Main Language Spoken	Are you of Aboriginal or Torres Strait Islander Origin? <input type="checkbox"/> No <input type="checkbox"/> Yes (Aboriginal) <input type="checkbox"/> Yes (Torres Strait Islander) <input type="checkbox"/> Both	
Do you have a relative with diabetes <input type="checkbox"/> Yes <input type="checkbox"/> No Please circle Parent Brother Sister Child		Expected date of birth of your baby DD / MM / YYYY	

Secondary Contact Provide details of someone who does not live with you, but who will know where you are if we have difficulty contacting you (you must get the consent of your secondary contact and let them know that we may contact them if we cannot contact you).

Name	Phone No.	Email	
Address		State	Postcode

General Practitioner (GP) Complete this section so we can let your family doctor know that you are taking part in the NGDR and send them reminder letters about testing you for type 2 diabetes (This will not be your Obstetrician or Endocrinologist).

GP Name	Phone No.
Business Address	State Postcode

I certify that I require NDSS products and services for the management of my diabetes. I consent to the collection, use and disclosure of my information for the purposes of the NDSS and NGDR

Registrant's Signature X DD / MM / YYYY

Section 3 - Details of Person with Diabetes - Overseas Visitors - Reciprocal Health Care Agreement (RHCA)

Visitors to Australia from a country with a Reciprocal Health Care Agreement may be entitled to temporary registration with the NGDR.

Participating countries are:

Finland	Italy	Malta	New Zealand
Norway	Republic of Ireland	Sweden	The Netherlands
			United Kingdom

Passport No.	RHCA Country	Visa Expiry	DD	MM	YYYY
			/	/	

Section 4 - NDSS Agents

Diabetes Australia, together with a network of NDSS Agents, deliver the NDSS and NGDR. These organisations are not-for-profit, community based and dedicated to assisting people with diabetes. Membership subscriptions help these organisations continue this vital work.

Membership entitles you to:

- Special discounts on a large range of diabetes products including blood glucose meters, lancets, syringe disposal containers and publications on managing diabetes and lifestyle.
- Advice, education and information on special issues such as diabetes in pregnancy, children's camps and support groups.

I am currently a subscribing member of a State or Territory Diabetes Organisation	<input type="checkbox"/> Yes	<input type="checkbox"/> No
I am not a member but would like to receive information about membership on registration	<input type="checkbox"/> Yes	<input type="checkbox"/> No

Section 5 - Certification by a Health Professional

This section must be completed and signed by a Medical Practitioner or Credentialed Diabetes Educator (CDE).

Registrant Name	Registrant Date of Birth	DD	MM	YYYY
		/	/	
Date of Diagnosis (GDM)	DD	MM	YYYY	Insulin Type: (only if insulin required)
	/	/		<input type="checkbox"/> injection <input type="checkbox"/> pump
Are insulin injections required?	<input type="checkbox"/> Yes	<input type="checkbox"/> No	If 'Yes', date of first insulin injection	MM
				YYYY
			/	
Registrant Height	Registrant Weight before pregnancy (if known)cmkg	
Type of Health Professional	<input type="checkbox"/> General Practitioner <input type="checkbox"/> Obstetrician <input type="checkbox"/> Endocrinologist <input type="checkbox"/> Credentialed Diabetes Educator <input type="checkbox"/> Other Medical Practitioner			
Medical Practitioner name and business address (clinic name):	Credentialed Diabetes Educator name and business address (clinic name):			
Provider No.	Provider No.			
Stamp		Stamp		
Phone No.	Phone No.			
Signature X	DD	MM	YYYY	Signature X
	/	/		DD
				MM
				YYYY
			/	

I confirm that I have performed the diagnosis or sighted written documentation relating to the diagnosis of diabetes for this Registrant.

ALL SECTIONS ABOVE MUST BE COMPLETED BEFORE REGISTRATION CAN BE PROCESSED

Contact Us

If you wish, you may 'opt out' of further communication from the NGDR by contacting the NDSS Agent in your state and Territory on 1300 136 588. Even if you opt out, you may still be sent important information from time to time about the management of your diabetes and material that informs you about the operation of the NDSS. There are no charges for these services and all personal details are kept confidential at all times.

Telephone: 1300 136 588	Email ngdr@diabetesaustralia.com.au	Mail to: The NDSS Agent, GPO Box 9824 in your State/Territory Capital City
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For more information on the NDSS and NGDR, or to find the NDSS Agent for your State or Territory, visit www.ndss.com.au

FOR OFFICE USE ONLY

NDSS Card No.	Card issued by:	Date	/	/
	Checked by:	Date	/	/